



Action today so future generations can continue to enjoy ocean activities

Clean Ocean Access Coastline Cleanup Volunteer Quick-Tips

Thank you for volunteering with COA for a coastline cleanup, as a community working together to help each other we are helping to improve our environment.

Important supplies that Clean Ocean Access provides:

- Trash bags to carry garbage to weighing station.
- Gloves – vinyl gloves are available for all volunteers. If you prefer please use your own gardening gloves or gardening gloves provided by Clean Ocean Access.
- Sharps – if you come across glass, syringes, or other sharp or dangerous pieces of trash, please contact the clean up leader for the sharps container.
- Hand-Sanitizer, bug-spray, sunscreen – are available at the “check-in” table during the cleanup.

Clean-up tips and important reminders:

- Sturdy, closed-toe shoes are strongly recommended
- Dress for the weather and environment; be aware of ticks, poison ivy and other dangers
- Avoid walking on rocks, they are likely to be very slippery and a fall can cause serious injury
- Please do not walk on sand dunes as they are a fragile and essential part of our sea defenses
- Waves can be very unpredictable, do not venture close to the waterline when waves are present
- Always use gloves when picking up trash and debris, even if it looks safe
- Pick up each piece of trash or debris individually. If you try to pick up a pile all at once, you risk cutting or injuring yourself on sharp items you cannot see
- Be aware that fishing line will often have sharp hooks attached
- Please work with a partner and make sure that you do not become separated from the group.
- Don't pick up items that are too heavy, such as large pieces of timber or tires, inform the cleanup leader and they will arrange pick up and disposal
- Always be aware of your surroundings and try not to disturb wildlife
- Do not put your hands into holes that may contain unseen hazards
- Do not empty bottles or containers that contain liquid, please put them in your trash bag
- Any naturally occurring debris should be left on the shoreline
- If in doubt about anything reach out to the clean up leader for advice
- Ensure any children you are responsible for understand these safety tips, and always keep them in your sight.